

HANOVER PARK HIGH SCHOOL

March 2026



Daily Dish

Veggie Dish



PASTA STATION

AVAILABLE DAILY

Monday 2	Waffle Bar Day - Fresh Waffles with Assorted Toppings w/ Local Blueberry Yogurt Parfait	Waffle Bar Day - Fresh Local Blueberry Waffles with Assorted Toppings	Chicken & Broccoli Penne with Garlic Sauce & Garlic Bread Or Pasta Bar	Deli Central	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 3	Chipotle Bar – Make-Your-Own Hard or Soft-Shelled Tacos with Grilled Chicken or Beef Or Bacon Cheddar Burger on a Brioche Roll with Toppings Bar & Special Sauce	Cheese Quesadilla served with Local Corn & Edamame Salad	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 4	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Macaroni & Cheese with Garlic Bread Or Pasta Bar	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 5	Flavors Around the World Brazil Feijoada - Brazilian Bean Stew with Pork	Eggplant Parmesan Hero with a Caesar Side Salad	Beef Lasagna with Garlic Bread & Salad Or Pasta Bar	FRESH FARMISTAND	Assorted Grab & Go Salads
Friday 6	Homemade Chicken Pot Pie Or Build-Your-Own Chipotle Bowl	Sampler with Pizza Crunchers, Mozzarella Sticks & Zucchini Sticks served with Dipping Sauces & a Dinner Roll	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad		

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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Monday 9	Barbecue Beef Ribs on a Bun with Coleslaw Or Build-Your-Own Chipotle Bowl	Lasagna Roll-Up with a Side Salad	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	 <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>   <p>Assorted Specialty Pizzas</p>  <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p>  <p>Assorted Grab & Go Salads</p>
Tuesday 10	America 250 Nashville Hot Breaded Chicken Sandwich on a Bun	Homemade French Bread Pizza	Pierogi with Butter & Onions Or Pasta Bar	
Wednesday 11	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Thursday 12	Flavors Around the World Lebanon Beef Kofta w/ Herbed Quinoa & Rice	Plant-Based Sweet Chili & Orange “Chicken” with Veggie Fried Rice	Vegetable Lasagna Or Pasta Bar	
Friday 13	Crispy Chicken with Onion Rings & Special Spicy Sauce, Lettuce & Tomato on a Brioche Roll Or Build-Your-Own Chipotle Bowl	Baked Macaroni & Cheese with Garlic Bread	Spicy Chicken Macaroni & Cheese with Garlic Bread Or Pasta Bar	

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Monday 16	Burger Bar – 100% Beef Burger on a Bun with Choice of Toppings	Grilled Roasted Peppers with Melted Mozzarella Cheese	Cheese-Stuffed Shells Or Pasta Bar	<i>Deli Central</i>	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 17	Balsamic-Glazed Chicken with Caramelized Onions on a Brioche Roll Or Build-Your-Own Chipotle Bowl	Grilled Veggie Bowl with a Garlic Sauce served over Lime Cilantro Rice	Cheese Ravioli Or Pasta Bar	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 18	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Spaghetti with Chicken Parmesan & Garlic Bread Or Pasta Bar	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 19	Flavors Around the World Belize Garnaches	Sauteed Portabella Mushrooms with Onions & Peppers topped with Melted Provolone Hero	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	FRESH FARMISTAND	Assorted Grab & Go Salads
Friday 20	Mozzarella & Chicken Panini served with Apple Cobbler	Cheese Stuffed Roll-Up featuring 3 Cheeses & Roasted Peppers in a Wrap	Macaroni & Cheese with Garlic Bread Or Pasta Bar		

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Monday 23	Sausage & Pepper Hero	Italian Sampler – Pizza Crunchers, Mozzarella Sticks & Fried Green Beans	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>  <p>PIZZA ZONE</p> <p>Assorted Specialty Pizzas</p> <p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> <p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salads</p>
Tuesday 24	Spicy Chicken Twister	Cheese Twister	Bow-Tie Pesto Pasta Bowl Or Pasta Bar	
Wednesday 25	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Baked Ziti with Garlic Bread Or Pasta Bar	
Thursday 26	<u>Flavors Around the World</u> Hungary Beef Goulash over Egg Noodles	Baked Cheese Calzone with Marinara Dipping Sauce	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Friday 27	Pulled Pork Sandwich with Coleslaw & Pickles	Grilled Vegetable Panini	Penne with Pink Sauce Or Pasta Bar	

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Monday 30	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Mozzarella Stick Sampler with Corn Fritters & Onion Rings served over Fries	Baked Ziti with Garlic Bread & Salad Or Pasta Bar	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>  <p>PIZZA ZONE</p> <p>Assorted Specialty Pizzas</p> <p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> <p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salads</p>
Tuesday 31	Pepperoni Stromboli with Marinara Dipping Sauce OR Mexican Bar	Cheese Stromboli with Marinara Dipping Sauce	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Wednesday 1	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Macaroni & Cheese with Garlic Bread & Garden Salad Or Pasta Bar	
Thursday 2	All-Beef Hot Dog on a Bun with French Fries <i>Choose from Assorted Fixings: Chili, Chopped Onion, Sauerkraut</i>	Baked Potato Bar with Chili, Cheese, Sour Cream & Bacon Bits	Creamy Chicken Alfredo with Garlic Bread & Garden Salad Or Pasta Bar	
Friday 3	Asian Bar with Lo Mein, Fried Rice, Sweet & Sour Chicken, General Tso's Chicken, Beef & Broccoli, or Chicken & Broccoli	Veggie Lo Mein with an Egg Roll	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	

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